

Who Am I...Really???



Let's Go On VACATION!!! *Activity Sheet*

Self-Assessment

1. _____
2. _____
3. _____

Exploring Your Options

1. _____
2. _____
3. _____

Narrowing Your Options

1. _____
2. _____
3. _____

Action Plan

1. _____
2. _____
3. _____

Execute

1. _____

Who Am I...Really???



How Am I Wired???

Activity Sheet

Natural Gifts

1. _____
2. _____
3. _____

Work Interests

1. _____
2. _____
3. _____

Personal Drivers

1. _____
2. _____
3. _____

Personal Preferences

1. _____
2. _____
3. _____

Personal Values

1. _____
2. _____
3. _____

Who Am I...Really???



How Am I Wired (Cont'd) *Activity Sheet*

Stressors

1. _____
2. _____
3. _____

Job Characteristics You Should Seek

1. _____
2. _____
3. _____

Job Characteristics You Should Avoid

1. _____
2. _____
3. _____

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RESOURCES

BOOKS

What Color is Your Parachute 2017 by Richard N. Bolles

Discover Your Spiritual Gifts the Network Way by Bruce L. Bugbee

Discover Who You Are by Jane A.G. Kise & David Stark

StrengthsFinder 2.0 by Tom Wrath

The Pathfinder by Nicholas Lore

Halftime by Bob Buford

WEBSITES

16Personalities - <https://www.16personalities.com>

DiSC - <https://discprofile.com/what-is-disc/overview/>

Core Value Index (CVI) - <http://www.taylorprotocols.com>

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